

ALEMANY TRACK AND FIELD ATTENDANCE POLICY

1. Every member of the Track team is **EXPECTED** to attend every practice
2. Every member of the Track team is **EXPECTED** to attend all Thursday and Saturday competitions (If you are a qualifier)
3. Athletes who miss 1 day of practice during a meet week, regardless of the reason, **WILL NOT** compete in that week's track meet (**NO EXCUSES**).
4. Attendance will be kept on a daily basis. **Beginning January 7th**, if you should miss five (5) practices within the same season you **will be suspended**. Suspension will be for a minimum of two (2) days depending on your infraction. Upon your return from this suspension, you will not be allowed to miss more than two (2) more practice sessions. **If two more missed practices occur after your suspension, you will be dismissed indefinitely from the Alemany Track and Field program for that year. This is a total of seven (7) missed practices. *NOTE: Our goal as a staff is to make sure that doesn't occur by implementing this rule early in the season.**
5. If a student arrives to practice late (After 3:30 or 2:45), they **WILL** be sent home resulting in a missed practice. The only accepted excuse will be if the student has a certified note, from an actual teacher stating that the student was receiving tutoring. Retreat tardiness is allowed. **Communication is the key factor between athlete and coach for missed practice or late attendance. *NOTE: If your child walks into practice at 3:31 they are late. We should already be warming up by then.**
6. This policy will only affect the student/athletes who have continuously **choose** to miss, skip, or purposely arrive late to practice sessions. The most common "violations" have been Friday practices and random lateness. **Friday does not constitute as "optional."** You will be marked absent.

Possible Questions/Situations:

What if I miss school?

Typically if you miss school, you miss practice. This would be the only version of an excused absence. This will not count toward your attendance. On the other hand, if the absence occurs during meet week, you will not be allowed to participate in that week's meet.

What if I have to miss practice to work on a project or homework that is due this/next week? This would be an unexcused absence. It has been our experience that the student/athletes who miss practice for this reason generally procrastinate until the last minute. Assignments that take 5-6 hours to complete are rarely assigned the day or week prior to them being due. You should plan long-term assignments well in advance of the deadlines! **Most of our coaching staff were high school and collegiate athletes, so we all know how it works.**

What if I go on a retreat for my class?

Athletes are responsible to attend practice **immediately** after the retreat. This will also not count as being late, due to the circumstances.

My signature states that I, the athlete and my parents fully support the attendance goals, and will adhere to them. I understand that consequences will be in effect if these attendance rules are broken. I cannot be a part time athlete.

Athlete Signature _____

Parent Signature _____ Date _____